## **dōTERRA**



# Mito2Max<sup>™</sup> Energy & Stamina Complex\*

#### **Product Description**

dōTERRA's Mito2Max is a proprietary formula of standardized plant extracts and metabolic cofactors that support healthy cellular energy production. Mito2Max supports optimal mitochondrial function and aerobic capacity, and supports stamina naturally without the use of harmful stimulants. Use Mito2Max as a healthy long-term alternative to caffeinated drinks and supplements for increased energy and vitality.\*

#### Concept

Trillions of cells make up each human body. It is remarkable to reflect on the synergy that occurs between those cells to create life for each of us. The "energy" for life comes from within each of these cells and is known as the mitochondria. As we age our body's mitochondrial function becomes less efficient. This leaves us with lower levels of energy and more toxic cellular exhaust. The sports and activities we enjoyed in our youth can become less enjoyable. Some people try to boost their energy levels through caffeine and other stimulants that can provide a quick buzz but often leave us feeling worse.

#### Mito2Max

Mito2Max contains dōTERRA's proprietary energy and stamina complex that enhances mitochondrial function, supports stamina and endurance, helps the body adapt more quickly to the diverse activities of life, and helps to increase mental energy.\* Acetyl-L-carnitine, a primary ingredient, supports mitochondrial function by helping transport fat into the mitochondria to burn for energy. Ashwagandha root extract, which has been called the "herb of the ages" due to the many uses that is provides, has been used for generations and has been utilized for boosting energy levels, supporting immunity and libido, while also reducing the effects of anxiety, insomnia and stress. Perhaps the greatest quality is its ability to support regeneration of cells from damage caused by molecules knows as free radicals. A great antioxidant that can help support the spread of free radicals is *Ginkgo biloba* which

improves blood flow to the brain and acts as an antioxidant. Mito2Max is the perfect way to boost your exogenous antioxidant intake, controlling the spread of free radicals, and maximizing your mitochondrial energy levels each day.

#### **Primary Benefits**

- Promotes efficient production of ATP in the mitochondria of cells\*
- Enhances stamina and efficient use of oxygen\*
- Supports metabolic adaptation for diverse activities, from movie watching to marathon running\*
- Improves mental energy\*

#### What Makes This Product Unique?

- Includes high levels of Acetyl-L-Carnitine, Cordyceps, American Ginseng Root Extract, Ginkgo Leaf Extract, Ashwagandha Root Extract, Alpha-Lipoic Acid, Coenzyme Q10 and Quercetin Dihydrate in a proprietary blend
- Made with sodium lauryl sulfate-free vegetable capsules, does not contain milk or wheat products, does not contain ingredients made from animal products

#### Who Should Use this Product?

Adults who are looking for increased stamina energy and mental acuity.

#### **Directions for Use**

Take 2 capsules with morning and evening meals (4 capsules per day)

#### **Cautions**

Keep out of reach of children.
Pregnant or lactating women and people with known medical conditions should consult a physician before using. Do not use if safety seal is broken or missing. Does not contain milk or wheat products.

Store in a cool, dry place.

#### Mito2Max

120 Veggie Caps / 30 Day Supply

Item code: 35310001

Consultant price: \$29.50 (25 PV) Preferred member price: \$31.47 Suggested retail price: \$39.33

### **Supplement Facts**

Serving Size: Four (4) Capsules Servings per Container: 30

Amount Per Serving

1900 mg

%Daily Value

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**Cellular Energy Blend:** 

Acetyl-L-Carnitine HCI

Cordyceps (Cordyceps sinensis S)

American Ginseng (Panax quinquefolius) Root Extract.

Ginkgo (Ginkgo biloba) Leaf Extract

Ashwagandha (Withania somnifera) Root Extract

Alpha-Lipoic Acid Coenzyme Q10 Quercetin Dihydrate

\*\*Daily Value not established.

**OTHER INGREDIENTS:** Vegetable hypromellose, microcrystalline cellulose, vegetable fatty acid, silica.